

LAZY SPARKLES OF THE MIRROR SAMADHI

Lazy sparkles* are placed one per hour over the course of daylong walkings. Though the walking may be longer, seven sparkles are placed per day.

They are small ($\leq 4\text{cm}$) circular mirrors, installed on trees at a height as high as I can reach.

They are fastened with thin aluminum nails* with space allowed for growth (standard practice for long-term tree identification tags in arboretums).

Lazy sparkles are meant to encourage effortless walking and upward gazing.

* the sparkles are indexical icons of the buddha mind seal /

/ the nails as acupuncture needles; the mirrors incidental markers of their placements *