

LAZY SPARKLES OF THE MIRROR SAMADHI

Lazy sparkles* are placed one per hour over the course of daylong walkings. Though the walking may be longer, seven sparkles are placed per day.

They are small (4cm) circular mirrors, installed on trees at a height as high as I can reach.

They are fastened with thin aluminum nails* with space allowed for growth (standard practice for long-term tree identification tags in arboreta).

Lazy sparkles are meant to encourage effortless walking and upward gazing.

* the sparkles are indexical icons of the buddha mind seal /

/ the nails as acupuncture needles; the mirrors incidental markers of their placements *